

ADVERTORIAL



CHANGE MANAGEMENT

Workshop Objectives:

- Accept that there are no normal or abnormal ways of reacting to change
- See change as an essential element that is positive
- Recognize that adapting to change is all about attitude
- Identify the stages of change we go through as we learn to deal with change
- See change as an opportunity for self-motivation and innovation
- Develop strategies for dealing with and accepting changes in your organization

What will be covered

- The change process
- Who Moved My Cheese?
- The pace of change and the pace at which people adopt change
 - The pyramid response to change
 - Resisting and welcoming change

What will be covered

- The Four-Room Apartment of change and how to use it
 - Managing anger
 - Dealing with stress
 - An action plan for success

What's Included?

- Instruction by an accredited expert facilitator
 - Small interactive classes
- Specialized manual and course materials
- Personalized certificate of completion